

Curriculum Vitae

Alexander L. Patterson, Psy.D.
appsychologyservices@gmail.com
www.pattersonpsychology.com

Education: Doctorate, Clinical Psychology (Psy.D.)
George Fox University, Newberg, OR
06/2010 (*APA accredited*)

Master's Degree, Clinical Psychology (M.A.)
George Fox University, Newberg, OR
06/2007

Master's Degree, Psychopharmacology (M.S.)
Fairleigh Dickinson University, Teaneck, NJ
10/2015

Bachelor's Degree, History (B.A.)
University of Washington, Seattle, WA
06/2005

Internship: Vanderbilt University – VA Tennessee Valley Consortium, Nashville, TN
06/2009 – 06/2010 (*APA accredited*)

Residency: Portland VA Medical Center, Portland, OR
08/2010 – 08/2011

Licensure: Washington State psychologist license: PY60209107
Idaho psychologist license: PSYT-203450

Work Experience:

Private Practice Psychologist
06/2016 – present

- Independent contractor providing a variety of forensic evaluations, including criminal competencies (stand trial, waive Miranda, pro se), insanity, diminished capacity, mitigation, violence risk, parental capacity, civil commitment, disability, and pre-employment.
- Contract with attorneys across Washington State, Idaho, Oregon, and at the federal level.
- Have conducted over 2000 evaluations.

Behavioral Health Consultant
Madigan Army Medical Center, Department of Family Medicine, Joint Base
Lewis-McChord, WA
05/2012 – 06/2016

- Behavioral Health Consultant integrated into an outpatient family medicine clinic.
- Provided psychological evaluation, intervention, and triage to active-duty soldiers and their family members.
- Provided consultation services to primary care providers and the clinic commander.

Program Manager, Subject Matter Expert
National Center for Telehealth and Technology, Joint Base Lewis- McChord, WA
08/2011 – 05/2012

- Lead subject matter expert for the design and implementation of mobile phone applications that promote psychological health.
- Used psychological expertise to oversee the design, content, research, and evaluation of these applications.

Postdoctoral Resident
Portland VA Medical Center, Portland, OR
08/2010 – 08/2011

- Advanced training in health psychology/behavioral medicine with emphases on psychological assessment of medical outpatients and surgery candidates, and short-term psychotherapy with individuals with psychiatric and/or medical disorders (chronic pain, diabetes, obesity, Parkinson's disease, cancer, amputees, etc.).
- Provided consultation/liaison to providers in a variety of disciplines, including hepatologists, surgeons, neurologists, internists, social workers, and nurses.
- Conducted clinical research on the relationship between medical illness and psychosocial variables.

Predoctoral Intern
Vanderbilt University - VA Tennessee Valley Consortium (APA accredited),
Nashville, TN
06/2009 – 06/2010

- Primary rotations in behavioral medicine, organ transplant assessment, inpatient psychiatry, neuropsychological assessment, and outpatient psychotherapy.
- Assisted with clinical research investigating cognitive outcomes of intensive care unit survivors.

Research Assistant

Portland VA Research Foundation, Portland, OR

08/2007 – 05/2009

- Conducted literature reviews, collected/organized data, assisted with manuscript preparation, and performed clinical interviews as part of a National Institute on Drug Abuse-funded research study investigating the relationship between chronic pain and Hepatitis C among individuals in a substance abuse treatment program.
- Organized data and assisted with manuscript preparation for the evaluation of a brief multidisciplinary consultation program for chronic pain patients.

Clinical Specialist

ProtoCall Services Inc., Portland, OR

03/2007 – 05/2009

- Provided crisis-stabilization, short-term therapy, risk-assessment, and referral, via telephone.
- Trained in the assessment of suicidality, homicidality, domestic violence, abuse, and serious mental illness. Versed in relevant legal/ethical statutes.

Publications:

Patterson AL, Gritzner S, Resnick MP, Dobscha SK, Turk DC, Morasco BJ (2012). Smoking cigarettes as a coping strategy for chronic pain is associated with greater pain intensity and poorer pain-related function. *The Journal of Pain*, 13, 285-292

Patterson AL, Morasco BJ, Fuller BE, Indest DW, Loftis JM, Hauser P (2011). Screening for depression in patients with hepatitis C using the Beck Depression Inventory-II: do somatic symptoms compromise validity? *General Hospital Psychiatry*, 33, 354-362

Loftis JM, **Patterson AL**, Wilhelm CJ, McNetta H, Morasco BJ, Huckans M, Hauser, P. (2012). Vulnerability to somatic symptoms during interferon-alpha therapy for hepatitis C: a 16 week prospective study. *Journal of Psychosomatic Research*, 74, 57-63

Scientific Presentations:

Patterson AL, Fuller BJ, Indest DW, Morasco BJ (March 2011). Factor structure of the Beck Depression Inventory - Second Edition (BDI-II) in patients with hepatitis C. Poster session presented at the 69th Annual Meeting of the American Psychosomatic Society, San Antonio, Texas.

Patterson AL (March 2011). A review of psychosocial predictors of health-related quality of life after organ transplantation. Poster session presented at the 69th Annual Meeting of the American Psychosomatic Society, San Antonio, Texas.

Patterson AL, Woodhouse J, Frey J, Peterson M, Veith D (March 2010). Discriminant validity of the MMPI-2 in a chronic pain population: evidence for a social-cognitive component. Poster session presented at the 68th Annual Meeting of the American Psychosomatic Society, Portland, Oregon.

Patterson AL, Peterson M, Campbell C, Gathercoal K (March 2010). Health perception is predictive of weight loss 6-months post Roux-en Y bariatric surgery. Poster session presented at the 68th Annual Meeting of the American Psychosomatic Society, Portland, Oregon.

Morasco BJ, **Patterson AL**, Benson P, Dogra M, Resnick MP, Dobscha SK (June 2009). An integrated intervention for chronic pain and substance use reduces opioid medication misuse. Poster session presented at the College on Problems of Drug Dependence Annual Conference, Reno, NV.

Educational Presentations:

Mental Health Defenses (October 2019)

One-hour continuing legal education presentation given to the Benton County Office of Public Defense

Forensic Psychological Reports (August 2019)

Two-hour continuing legal education presentation given to the Thurston County Office of Public Defense

Forensic Psychological Reports (March 2019)

Two-hour continuing legal education presentation given to the Benton County Office of Public Defense

Testimony:

Date	Case Name	Court
3/1/2017	Ronald Bowen	Pierce County, WA
2/23/2017	Brooklynn Davis	Pierce County, WA
8/10/2017	Noah Conway	King County, WA
9/20/2017	Aiden Campbell	Pierce County, WA
11/23/2018	Zajulynn Rutschow	Pierce County, WA
12/5/2018	Nicholas Ioffrida	Clallam County, WA
5/20/2019	Terry Gwaltney	King County, WA
7/12/2019	Reginald Jennings	Board of Industrial Insurance Appeals
8/6/2019	John Lesh	Clallam County, WA
8/21/2019	Oscar Bravo	Yakima County, WA
10/21/2019	Luis Borja	Thurston County, WA
12/19/2019	Robert Engelbertson	Cowlitz County, WA
3/4/2020	James Pedrioli	Clallam County, WA
4/3/2020	George Antonie	King County, WA
5/18/2020	Keith Gill	Union County, OR
8/4/2020	Steven Shoffner	Spokane County, WA
8/14/2020	Francisco Martinez	Yakima County, WA
10/17/2020	Aidan Boje	Pierce County, WA
12/4/2020	Kurtis Mathis	Cowlitz County, WA
12/22/2020	Glenn Hegbloom	Spokane County, WA
2/16/2021	Jamison Orth	Thurston County, WA
3/10/2021	Corrin Kaufman	Thurston County, WA
3/11/2021	Conner Keith	Thurston County, WA
4/15/2021	Karlo Medina	Benton County, WA
5/5/2021	Cornell Benson	King County, WA
5/12/2021	Melody White	Clallam County, WA
5/14/2021	Bethany Jacobs	Cowlitz County, WA
7/15/2021	Lance Smith	Benton County, WA
9/16/2021	Kris Mejia-Moreno	Franklin County, WA
1/24/2022	Duane Black	Cowlitz County, WA
4/21/2022	Joseph Weigert	Cowlitz County, WA
8/22/2022	Alecia Minor	Cowlitz County, WA
9/2/2022	Ryan Kysar	Cowlitz County, WA
9/12/2022	Kevona Penn	Cowlitz County, WA
1/20/2023	Aaron Reeves	Yakima County, WA
1/25/2023	Reefer Zenz	Cowlitz County, WA
3/15/2023	Joseph Laursen	Thurston County, WA
6/7/2023	Michael Yrizzaris	Whatcom County, WA
6/14/2023	Billy Bartlett	Lewis County, WA